

DAY HABILITATION at Arc of Acadiana

A What to Expect Guide for New Clients

Considering a day habilitation program for your loved one with a developmental disability can be a stressful process. You only want what's best for your loved one, but choosing the right program to fit their needs means lots of phone calls, forms and meetings.

At Arc of Acadiana, we want to make your search easier. In this guide, you'll find everything you can expect when considering Arc of Acadiana's day habilitation program — from inquiry to onboarding and beyond.

STAGE ONE

Inquiry

When you first reach out to Arc of Acadiana, our admin team will have a lot of questions about your loved one. We recommend having identifying and high-level medical information available. This is necessary for our team to determine the best fit for your loved one within our organization.

TIP: The assessment period with AAHSD can take up to a month. We recommend reaching out to them a week or two before reaching out to Arc of Acadiana to get the process started.

In addition, if you haven't already, our team will direct you to consult with the Acadiana Area Human Services District (AAHSD). This government organization will conduct an assessment to determine if your loved one is qualified to join a day habilitation program.

Acadiana Area Human Services District | 337.262.4190

STAGE TWO

Assessment of Needs

Once the initial inquiry has been completed, our team will then have a meeting with you and your loved one to conduct a comprehensive assessment of needs. In this meeting, we'll discuss resource needs and support requirements, as well as personal trouble areas and developmental goals. This is also a time for you and your loved one to bring up any concerns, questions or requests you may have.

TIP: We recommend coming to the appointment with any questions or concerns you may have. Feel free to check out our "questions to ask" guide for inspiration.

STAGE THREE

Development of Care Plan

Following the assessment of needs, a Qualified Intellectual Disability Professional (QIDP) will get to work developing a personalized goals and learning plan for your loved one. This plan will be the blueprint we follow every day to help them reach their goals and thrive within our day programs. We will work with you and your loved one to make sure everything we identify as goals aligns with your own expectations and needs.

STAGE FOUR

First-Day Onboarding

Once all of the initial discoveries, assessments and goal planning has taken place, your loved one is ready to join in on our day program! Every day will be packed with new activities, such as:

- Arts & Crafts
- Music & Movement
- Socialization & Community Involvement
- Outdoor Activities
- & more

TIP: Depending on your loved one's goals and capabilities, they may qualify to join our employment program, as well. Talk to your program manager to learn more about the opportunities available.

Every activity we offer at Arc of Acadiana serves to further the goals of our attendees — from improving motor and socialization skills to money management and more. Our team will provide you with an update on your loved one's progress toward the goals outlined during their initial needs assessment as needed.

All day program attendees will have their own locker to store personal items. We recommend bringing the following items:

- A lunch bag
- An extra set of clothing
- Any medication that needs to be administered throughout the day*
- Emergency medication*

**Medication should be discussed with your program manager prior to the first day. All medication must have a physician's order, and Arc staff must be trained before it can be administered.*

ARC OF ACADIANA'S DAY HABILITATION PROGRAMS

Ready to Get Started?

At Arc of Acadiana, we don't think working with a day habilitation facility should be difficult. That's why we've been serving Acadiana's disabled community for over 60 years. Above all, we run our organization with the idea that all people — regardless of their ability — deserve to live life to their fullest potential. And we'll be there to help them every step of the way. If you're ready to get started, consider reaching out to Arc of Acadiana — we're ready to help you.

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